

Build a team atmosphere

TOURNIER CHRISTINE 22 FÉVRIER 2023 13H12 UTC

working with school

contact the teacher to gather his/her observations of the child during class, then provide some basic informations about stuttering, and ask if they want some advice! Discuss with them the adaptations needed: how will they handle the child's participation, what could be reasonable goals in class for this child?

parents as EXPERTS

they know very well what suits to their child, what motivates him/her, rely on their expertise!

look for GUILT feelings

feeling guilty is part of the parental experience, explore these feelings often, especially when parents are highly involved (Lidcombe Program, cf article of Goodhue et al 2010), address their feelings of not doing it "properly", explore with them what would be best FOR THEM

ask regularly how parents feel and LISTEN to them (=remain silent!)

the child leads the team!

the older the child is the more he/she is the leader of the team: other members of the team are supporters, who will do what to help the leader to achieve his/her own goals?

You will never walk alone

The patient and parents should have the right to shape the treatment which is appropriate to their daily and social life and communicate more

set SPORT goals!!

S Spécific
P positive
O observable
R realistic
T temporal

suggest the child to make a presentation at school about stuttering ans to train with his parents at home

Include the parents and other important people in the goals.
Discuss you're ideas with the environment. Let them decide too.
Share the final goals with everyone.

Ask the parents to notice each time their child is more uncomfortable with his speech

set SMART Goals, and revise it!

Simple/specific
Measurable

Achievable
realistic
timely defined

An awareness activity about stuttering can be done in the child's social environment.

propose online meeting

this online meeting could be occasion to share observations about therapy process and find some directions for next sessions

decide together the path to follow

inform family physicians

raising awaraness with teachers

Include parents in decision making process

choose with parents rythm of reviews for goals of treatment (every 5 session? every 10?)

Inform other professionals

provide information to pediatrician about stuttering in general and about this particular child
